

### **Services Areas:**

Youth  
Relationships  
Parenting  
Depression  
Anxiety  
Anger  
Trauma  
Suicide  
Addiction  
Life Purpose  
Metaphysical Issues

### **Specialities:**

Psychotherapy, Clinical Counselling, Hypnotherapy, Family Constellation Facilitation, Reiki and Pellowah Energy Healing, Meditation, Metaphysical.

### **Affiliations:**

A.R.C.A.P. (Australian Register of Counsellors and Psychotherapist)  
A.C.A. (Australian Counselling Association)  
A.C.A. (College Member of Clinical Counsellors)

### **Publications and creative output:**

Book and eBook: 10 Jigsaw Pieces to Wellbeing  
CD and Album: Heartache in a Metaphysical World: The Family Tree

### **Qualifications:**

Msc.D. Uni of Sedona; Doctorate in Metaphysical Sciences  
M. Coun. La Trobe Uni; Masters in Counselling  
B.A. (Hons) London Uni; Bachelors in Social Sciences and History  
P.G.D.E.S (sw); Melbourne Uni; Post Grad Diploma in Student Welfare  
P.G.C.E. London Uni; Post Grad Cert in Education  
Ad Dip Gestalt Therapy; Gestalt Therapy Australia affiliated with La Trobe Uni  
Cert 1V and Diploma in Clinical Hypnotherapy; Academy of Hypnotic Sciences  
Dip.H Coun; Diploma of Health Counselling; Monash Medical Centre  
Ad Cert REBT, Ad Cert Rational Emotive Behaviour Therapy; Australian Institution for REBT  
Mindfulness Based Systemic Constellation: 17-day course supervised by psychiatrist Dr Chris Walsh and Family Therapist Catherine Ingram  
Cert Ego State Therapy; Supervised by Dr. Gordon Emmerson  
Reiki Level 1 and 2; Usui Shici Rhoho

**Rebates possible from assortment of Private Health Companies depending on cover.**